Heart Reserve

PREGNANCY HISTORY IS HEART HISTORY

Can people use it?
Test before you distribute.

A practical review sheet for the campaign guide, poster and NICU sheet.

STATUS: REVIEW NOT YET COMPLETED

This is a testing plan, not patient feedback, clinical validation or approval. Record actual findings below; do not collect personal health details.

1 Ask 5–8 volunteers per intended audience

Include Black mothers, NICU families, women in midlife and people who prefer Spanish or paper. Pay advisers fairly when feasible. Invite feedback voluntarily; participants may skip questions. Use fictional examples.

2 Give three short tasks, without coaching

- ☐ Find what you should do next and say it in your own words.
- ☐ Show where to write the clinician, next step and date.
- ☐ Find urgent-help guidance on the NICU sheet, or open the QR link.

Record: completed independently / needed help / could not complete. Ask which words or images felt unclear, unwelcoming or frightening. This small usability exercise cannot establish medical effectiveness.

3 Review, revise and check again

Clinical reviewer: check accuracy, timing, urgent advice and local referral routes. Spanish reviewer: check meaning, readability and local usage. Repeat difficult tasks after revision. Follow the institution's requirements for formal research.

Material / version _____

Main problem found _____

Change made / retest _____

Reviewers / date _____

Keep completed forms securely with the participating organization. Use anonymous, aggregated findings for campaign reporting. Blank fields are not approval.